



上智大学
SOPHIA UNIVERSITY

SOPHIA UNIVERSITY
FACULTY OF SCIENCE AND TECHNOLOGY

APPLICATION PROCEDURE

Autumn Semester 2026

UNDERGRADUATE DEGREE STUDENTS

First Year/Transfer (Junior)

Bachelor's Program in Green Science

Department of Materials and Life Sciences

Bachelor's Program in Green Engineering

Department of Engineering and Applied Sciences

This document screening-based admissions process is designed to attract students from a wide range of academic, cultural, and geographic backgrounds. Applicants are eligible to apply regardless of nationality or country of residence, provided they satisfy the admission requirements.

The selection process takes a holistic approach, evaluating applicants through a range of indicators, including, but not limited to, internationally recognized standardized qualifications, English language proficiency test results, essays that demonstrate critical thinking and intellectual curiosity, and letters of recommendation from educators or other individuals familiar with the applicant's academic potential. Through a comprehensive review of these application materials, the University assesses the knowledge, skills, critical thinking, judgment, communication abilities, and overall academic potential required for success in higher education.

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CONTENTS

I. Sophia University	2
II. Overview of Bachelor's Programs in Green Science and Green Engineering -	2
III. Application and Admission Procedure	2
1. Academic Schedule	2
2. Number of Students to be Admitted	3
3. Qualifications	3
4. Application Procedure	4
5. Application Schedule	5
6. Application Fee	5
7. Application Documents	5
8. Screening	12
9. Notice of Results	12
10. Entrance Procedures for Successful Applicants	12
11. International Students Coming to Japan	13
IV. Academic Information	13
1. Transfer of Credits and Residency Time	13
2. Early Graduation	14
V. Scholarships	14
VI. Housing	14
VII. Other Information	14

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May, 2025

<Admissions Policy>

For Sophia University Admissions Policy, please visit the website below:

<https://www.sophia.ac.jp/eng/admissions-and-aid/ap/>

Every effort is made to ensure the accuracy of the information contained herein. However, subsequent to the date of publication, **unavoidable circumstances may result in changes in this document**. The university reserves the right to make all such changes, including those in the program of study, courses of instruction, fees, and officers of administration and instruction, without notice.

I. SOPHIA UNIVERSITY

Sophia University (“上智大学” in Japanese) was founded in 1913 by the Jesuits, a Catholic order renowned for excellence in education. From the beginning, the university founders stressed an internationally oriented curriculum and rigorous training in foreign languages. Sophia soon established itself as a leading institution for scholarship on foreign languages and literature in Japan. Today, Sophia University is a major teaching and research university in the humanities, social sciences and natural sciences with students and faculty member encompassing dozens of nationalities. Sophia University has been selected as one of 37 universities to receive funding from the Ministry of Education, Culture, Sports, Science and Technology (MEXT) for internationalization effort called the “Top Global University Project.”

II. OVERVIEW OF BACHELOR'S PROGRAMS IN GREEN SCIENCE AND GREEN ENGINEERING

The Faculty of Science and Technology English-based programs have started in September 2012.

The “**Green Science**” program, offered by Department of Materials and Life Sciences, is designed to train the students on the fundamentals of chemistry, physics and biology and on how to apply this knowledge to overcome environmental issues.

The “**Green Engineering**” program, offered by Department of Engineering and Applied Sciences, is designed for the students to learn the fundamentals of physics, mechanical engineering, electrical and electronics engineering, and to help them develop comprehensive abilities of engineering for the environmental issues.

Class sizes are kept small so that students can communicate closely with their instructors as they pursue their chosen fields in science and technology, beginning with basics such as Mathematics, Physics, Chemistry and Biology, and then continuing on to more advanced studies such as Environmental Chemistry, Environmental Biotechnology, Clean Energy and Environmental System Analyses. As the campus is also home to liberal arts programs, students can also participate in non-science courses that will help develop their cultural background so that they can pursue environmental issues in a broad perspective.

[Residence Requirements]

Residence requirements refer to the amount of time a student must be enrolled in the university. To graduate, a student, in principle, must be enrolled for a total of four years (eight semesters). The time spent on leave of absence or suspension from the university will not be counted as part of the residence requirement. A student’s total period of residence at the university may not exceed eight years, excluding the period of time spent on leave of absence from the university.

[Academic Degree]

Green Science Program: The Bachelor of Science in Materials and Life Sciences is awarded to students who successfully complete the required number of credits according to the curriculum specified in the Bulletin of Information for the year in which they were admitted.

Green Engineering Program: The Bachelor of Science in Engineering and Applied Sciences is awarded to students who successfully complete the required number of credits according to the curriculum specified in the Bulletin of Information for the year in which they were admitted.

Both degrees are accredited by the Ministry of Education, Culture, Sports, Science and Technology of Japan (MEXT).

III. APPLICATION AND ADMISSION PROCEDURE

1. ACADEMIC SCHEDULE: Date of entry into Sophia University

Autumn Semester: September 21, 2026

2. NUMBER OF STUDENTS TO BE ADMITTED

(1) First-year students

Green Science Program:	25 students (totalled over the first and second applications)
Green Engineering Program:	25 students (totalled over the first and second applications)

(2) Transfer Students (Third-year)

Green Science Program	(second application only): Limited Number
Green Engineering Program	(second application only): Limited Number

Students entering as transfer students must meet the residence requirements for graduation.

(See **TRANSFER OF CREDITS AND RESIDENCY TIME**)

3. QUALIFICATIONS

(1) First-year students

Applicants who meet one or more of the following criteria may apply for entrance to the Faculty of Science and Technology.

- (1) Those who have completed, or are expected to complete, 12 years or more of formal education in Japanese schools accredited by MEXT
- (2) Those who have completed, or are expected to complete, 12 years or more of formal education in foreign countries
- (3) Those who have completed, or are expected to complete, 12 years of education at foreign schools in Japan recognized by MEXT
- (4) Those who hold, or are expected to hold, the International Baccalaureate Diploma, Baccalaureate, Abitur, International A-Levels, GCE A-levels or European Baccalaureate before entering Sophia University
- (5) Those who have been recognized individually by Sophia University as having qualifications equivalent to (1), (2), (3) or (4) and will reach the age of 18 at the time of entrance to Sophia University

(2) Transfer students (Third-year)

Applicants who meet one or more of the following criteria may apply for entrance to the Faculty of Science and Technology as a transfer student. Those who do not meet either of the following qualifications should apply as a first-year student.

- (1) Those who have completed, or are expected to complete, two full academic years at a bachelor's degree-conferring institution as a degree seeking student
- (2) Those who have completed, or are expected to complete an associate degree in Arts/Science

Note: Admitted applicants will enroll as third-year students. However, it may take more than 2 years to complete the degree at Sophia University.

4. APPLICATION PROCEDURE

Application is accepted through the following steps. Make sure to complete each step.

A. Prepare the following items:

- Application materials (see 7. APPLICATION DOCUMENTS)
- Digital face photo (color)
- PC



B. Create your “MyPage”

On the on-line application website, register the following to create your “MyPage.”

- Email address
- Face photo
- Basic information

For more information about the application website, refer to the guide on

<http://www.guide.52school.com/guidance/net-sophia-parallel/eng>

Note: Important information will be sent to the email address registered until your enrollment in Sophia. Make sure to use an email address which you will always be able to access even after leaving your current school.



C. Enter all the required application information

- Choose the correct admissions type and enter all the required application information via STEP3 of your “MyPage.”
- Information can be input only during the correct online application period.



D. Pay the application fee

- See 6. APPLICATION FEE
- You can download your application forms and check your **Receipt Number** via STEP4 of your “MyPage.”
- Concerning the online application deadline, see the “Application period (via MyPage)” on the next page.

This step does not complete the application procedures!

Go on to the next step to finalize the application.



E. Submit all the documents via the Application Documents Upload Website

- Application Documents Upload Website: <https://sophiaupload.jp/>
- For more information about the submission method, refer to 7. APPLICATION DOCUMENTS.
- For the submission deadline, see the “Application documents submission deadline” on the next page.

5. APPLICATION SCHEDULE

① First application (First-year Students only)

Application Period (via MyPage)	November 12, 2025, 10:00 a.m. ~ December 5, 2025, 11:59 p.m. (JST*)
Application Documents Submission Deadline	December 12, 2025, 11:59 p.m. (JST*) **
Notice of Results	February 6, 2026, 10:00 a.m. (JST*)
Matriculation Deadline for Admitted Students	April 10, 2026

② Second application (First-year Students and Transfer Students)

Application Period (via MyPage)	March 11, 2026, 10:00 a.m. ~ April 1, 2026, 11:59 p.m. (JST*)
Application Documents Submission Deadline	April 8, 2026, 11:59 p.m. (JST*) **
Notice of Results	June 5, 2026, 10:00 a.m. (JST*)
Matriculation Deadline for Admitted Students	July 10, 2026

* Date and time are based on Japan Standard Time.

**Application materials must be completely submitted via the [application documents upload website by the submission deadline](#). Late applications will not be accepted.

6. APPLICATION FEE

35,000 yen

On-line payment handling fee of 1,100 yen will be charged in addition to the application fee.

Please follow the guide on STEP 3 on “MyPage” to complete the payment*.

Applicants residing in Japan must complete the payment by one of the indicated methods: credit card; on-line banking; convenience stores; bank ATM Pay-easy service. Debit card payment is not accepted.

Overseas applicants who do not hold a Japanese bank account must complete payment by credit card only.

Payment must be completed during the application period and by 11:59 p.m. (JST) of each on-line application deadline. After the deadline, the application will not be accepted. The application fee is non-refundable once paid.

*In case the window shuts down during STEP 3, go to STEP 4 to continue the payment process.

*The name of the payer does not need to match the applicant's name.

**Please note that the payment at a convenience store could take a while to be completed.

7. APPLICATION DOCUMENTS

Confirm the required application documents below and make sure to check details under each specific item in the following page.

Documents	Who should submit	How to submit
A. Application Forms	Applicant	<ul style="list-style-type: none"> Must be submitted by the applicant via the application documents upload website
B. Essay	Applicant	
C. Official Transcripts	School	<ul style="list-style-type: none"> Must be submitted by the school via the application documents upload website If submission via the website is not possible, submission from the school directly to the Admissions Office via post/email is accepted. If submission from the school is not possible, the applicant can submit the documents via post. In this
D. Certificate of Graduation/Expected Graduation	School	

		case, the documents must be certified by a school official/recommender and be officially sealed in a school envelope.
E. Two Letters of Recommendation	Recommender	▪ Must be submitted by the recommender via the <u>application documents upload website</u>
F. Standardized Test Scores	Test institution	▪ Must be sent by the testing institution directly to the Admissions Office.
G. Proof of English Proficiency	Test institution	▪ Must be sent by the testing institution directly to the Admissions Office. ▪ The applicant must also submit a copy/screenshot of their results certificate via the <u>application documents upload website</u> .
H. Photocopy of Passport	Applicant	▪ Must be submitted by the applicant via the <u>application documents upload website</u>
I. Application Materials Checklist	Applicant	via the <u>application documents upload website</u>

▪ Details concerning the application documents upload website

- ※ Applicants who paid the application fee and completed their application via the MyPage must submit the required documents via the application documents upload website. The applicant's name, date of birth and Receipt Number will be required to upload the documents.
- ※ Follow the detailed instructions shown on the system screen as you fill out and upload the materials.
- ※ Only documents in PDF and JPG/PNG formats are accepted.
- ※ The application documents upload website can be accessed via the link below:

Application documents upload website: <https://sophiaupload.jp/>

Alternative submission methods other than application documents upload website:

(only accepted if digital submission of transcripts/certificates via the website is not possible)

① Email submission

- ※ The applicant's school must send the digital files to admission-u-co@sophia.ac.jp, using their official institutional email address. **Digital documents sent by applicants are not accepted.**
- ※ The title of the email must be: APPLICATION (Online Application Receipt Number / 受付番号) to "Name of the program"
e.g.: APPLICATION (123456) to the FST

② Postal shipping

- ※ The applicant's school must send the original documents/certified copies to the address below. **Unsealed copies sent by applicants are not accepted.**

**SOPHIA UNIVERSITY ADMISSIONS OFFICE
7-1 KIOI-CHO, CHIYODA-KU, TOKYO 102-8554 JAPAN
FST APPLICATION**

or

102-8554 東京都千代田区紀尾井町7-1
上智大学入学センター
FST 出願書類在中

- ※ **For shipping inside Japan**, use the mailing label printed with Application Forms.
- ※ **For shipping from overseas**, enclose the mailing label printed with Application Forms, and on the envelope, make sure to write:

▪ For students who are applying to multiple programs (FLA, SPSF)

- ※ All documents must be submitted via the application documents upload website with each receipt number.
However, the applicant only needs to request the submission of Standardized Test Scores and of the Proof of English Proficiency to Sophia University once.

Important notes:

- Documents printed in languages other than English or Japanese should be translated into English and certified by a school official or an official agency, such as an embassy or consulate.
- The use of ChatGPT or any other generative AI programs/applications/websites when writing application documents is strictly forbidden.
- If an original document cannot be reissued (e.g., a school report handwritten by a teacher), a copy certified by the school official (Principal or Registrar) or Sophia University Admissions Office is acceptable.
- Application information entered on-line cannot be edited after application fee payment is complete. To change the information provided, modify it directly on the downloaded PDF forms in red before submission.
- Check with the test center/school/recommender for the delivery status of your application documents. The Admissions Office will not respond to questions in regards of arrival of application documents, score reports or other materials.
- The application documents once submitted will not be returned.

A. Application Forms (3 pages)

Application forms should be filled out through the on-line application website <http://www.guide.52school.com/guidance/net-sophia-parallel/eng>

After paying the application fee, the forms must be downloaded (from STEP 4 of your MyPage) and submitted by the applicant via the [application documents upload website](#).

B. Essay (use the form provided in the admissions page; essay must be typed)

The applicant should include the following in the essay:

- Their academic interests and how they relate to the Green Science or Green Engineering program at the Faculty of Science and Technology of Sophia University.
- Their future goals and how the Green Science or Green Engineering program will help achieve them.
- Specific aspects of the Green Science or Green Engineering program, such as research opportunities, curriculum, or faculty members, that attracted them.

The essay should be approximately 500 words in length and typed in English in the provided form (link below).

Admissions page: https://adm.sophia.ac.jp/eng/admissions/ug_p/en_ug/fst/w_h/

The document must be submitted by the applicant via the [application documents upload website](#).

C. Official Transcripts

1. First-year Students

An official transcript showing all courses taken and grades received in high school(s) including the dates of graduation (or expected graduation) must be submitted. Applicants who have graduated (or are expected to graduate) from Japanese high schools are required to submit official transcripts (“調査書”). The documents must be submitted by the school via the [application documents upload website](#). If this is not possible, submission by the school directly to Sophia University via post/email is exceptionally accepted.

Note:

- If a first-year student applicant has attended university, submission of the official university transcript(s) is recommended.
- If an applicant has studied abroad during high school years, submission of the official transcript from the institution is recommended.

2. Transfer students

An official transcript showing courses taken and grades received from all academic institutions attended (universities/colleges) must be submitted. The documents must be submitted by the school via the [application documents upload website](#). If this is not possible, submission by the school directly to Sophia University via post/email is exceptionally accepted. The university/college transcript should clearly indicate that an applicant has completed/will have completed two full academic years as a degree seeking student or has completed/will complete an associate degree at an institution before the date of entering Sophia University.

D. Certificate of Graduation (or expected graduation/ early graduation)

1. First-year applicants:

Applicants whose transcripts do not show the dates of graduation (or expected graduation) are required to submit an official Certificate of Graduation (or expected graduation). Those who have graduated early, or have skipped a grade, should submit an official document issued by the school indicating this fact. The documents must be submitted by the school via the [application documents upload website](#). If this is not possible, submission by the school directly to Sophia University via post/email is exceptionally accepted.

Note: If a transcript, or “調査書” has a (expected) graduation date, a certificate of (expected) graduation is not required.

2. Transfer applicants:

Transfer applicants who have completed or are expected to complete an associate degree in Arts/Science must submit a certificate of (expected) associate degree. The documents must be submitted by the school via the [application documents upload website](#). If this is not possible, submission by the school directly to Sophia University via post/email is exceptionally accepted.

E. Two Letters of Recommendation (use the form provided in the admissions page)

Letters of recommendation from two teachers and/or officials of the most recent school(s) attended by the applicant must be submitted. The recommender may also use their own format instead of the provided form.

If there are any questions regarding the submission of the recommendation letters, please contact the Admissions Office.

The documents must be submitted by the recommender via the [application documents upload website](#).

Admissions page: https://adm.sophia.ac.jp/eng/admissions/ug_p/en_ug/fst/w_h/

F. Standardized Test Scores for First-year/Transfer Applicants

All first-year and transfer applicants are required to submit one or more of the following:

- 1) Both SAT (Reading & Writing, Math) scores and
AP (Calculus **or** Statistics, **and** Physics **or** Chemistry **or** Biology) scores<code:0819>
- 2) Both SAT (Reading & Writing, Math) scores and
IB subject results (Math HL, **and** Physics HL **or** Chemistry HL **or** Biology HL)<code:0819>
- 3) ACT scores (English, Mathematics, Reading, and Science).....<code:5575>
- 4) IB Diploma (Subject including Math HL, and Physics HL or Chemistry HL or Biology HL)
- 5) EJU scores (As for subjects, please see below)
- 6) GCE Advanced Level (Three subjects including Math **and** Physics **or** Chemistry **or** Biology)

※SAT/ACT Superscores are NOT accepted. In case applicants submit multiple test results, the highest scores obtained in a single test date will be used for the application.

1) SAT Scores with AP scores:

SAT (Reading & Writing, Math)

AP (Calculus **or Statistics, **and** Physics **or** Chemistry **or** Biology) scores***

SAT scores must be taken not more than two years before the time of application, and delivered directly to Sophia University from the College Board, together with the AP scores, by the application deadline. **SAT Superscores are NOT accepted. In case applicants submit multiple test results, the highest scores obtained in a single test date will be used for the application.**

If the official scores are not input in the online application and submitted to the Admissions Office by the application deadline, the application will be considered incomplete. Be sure to indicate our institution code number, **0819**, when registering for the test, to ensure that your official score is sent to Sophia University. The scores can be sent to Sophia prior to the application period. For information about SAT and AP registration, please refer to the College Board official website: www.collegeboard.org/

*College level courses (Math, Physics, Chemistry, Biology) results are also accepted in lieu of AP scores. These courses should be taken in higher education institutions that offer undergraduate degree programs. Courses offered as foundation or preparation education are not accepted. Applicants who wish to submit these results must provide an official transcript issued by the college.

Note:

- Submission of SAT results only will not be accepted. Applicants must submit both SAT results and required AP subject scores.
- Applicants who have completed, or are expected to complete, two full academic years as degree seeking students at a bachelor's degree/associate degree-conferring institution may submit scores which were taken more than two years before. Sophia University will accept both the new SAT scores and the pre-March 2016 SAT scores. However, a combination of the new SAT scores and the pre-March 2016 SAT scores cannot be accepted.

2) SAT Scores with International Baccalaureate Subjects:

SAT (Reading & Writing, Math)

IB Subject (HL of Math, and HL of Physics or Chemistry or Biology)

SAT scores must be taken not more than two years before the time of application and delivered directly to Sophia University from the College Board by the application deadline. **SAT Superscores are NOT accepted. In case applicants submit multiple test results, the highest scores obtained in a single test date will be used for the application.** If the official scores are not input in the online application and submitted to the Admissions Office by the application deadline, the application will be considered incomplete. Be sure to indicate our institution code number, **0819**, when registering for the test, to ensure that your official score is sent to Sophia University. The scores can be sent to Sophia prior to the application period. For information about SAT and test registration, please refer to the College Board official website: www.collegeboard.org/

IB Subjects have to include the following two: ①HL of Math AA or of Math AI ②HL of Physics or Chemistry or Biology

✘Only HL subjects are accepted. Math AA SL cannot be used as a substitute for other subjects.

For IB certificate/diploma holders, an electronic "Transcript of Results" must be sent directly to Sophia University from the International Baccalaureate Organization (IBO). For IB candidates, submit IB Predicted Grade Form issued by the school.

Note:

- Submission of SAT results only will not be accepted. Applicants must submit both SAT results and required IB subject (predicted) grades
- Applicants who have completed, or are expected to complete, two full academic years as degree seeking students at a bachelor's degree/associate degree-conferring institution may submit scores which were taken more than two years before. Sophia University will accept both the new SAT scores and the pre-March 2016 SAT scores. However, a combination of the new SAT scores and the pre-March 2016 SAT scores cannot be accepted.

3) ACT Scores (English, Mathematics, Reading, and Science)

ACT scores must be taken not more than two years before the time of application and delivered directly to Sophia University from the ACT by the application materials submission deadline. **ACT Superscores are NOT accepted. In case applicants submit multiple test results, the highest scores obtained in a single test date will be used for the application.** If the official scores are not input in the online application and submitted to the Admissions Office by the application deadline, the application will be considered incomplete.

Be sure to indicate our institution code number, **5575**, when registering for the test, to ensure that your official score is sent to Sophia University. The scores can be sent to Sophia prior to the application period. For information about ACT and test registration, please refer to the ACT website: www.actstudent.org/

Note:

- ACT Writing score is not necessary.
- Applicants who have completed, or are expected to complete, two full academic years at a bachelor's degree/associate degree-conferring institution as degree seeking students may submit scores which were taken more than two years before.

4) International Baccalaureate (IB) Diploma

Sophia University requires a FULL IB Diploma (six subjects). An IB Certificate is not acceptable.

Subjects have to include the following two: ①HL of Math AA or of Math AI ②HL of Physics or Chemistry or Biology

✘Only HL subjects are accepted. Math AA SL cannot be used as a substitute for other subjects.

IB Diploma holders

An electronic "Transcript of Results" must be sent directly to Sophia University from the International Baccalaureate Organization (IBO) by the application materials submission deadline. For further information on how to request IBO to send a transcript to Sophia University, please refer to the IBO website.

IB Diploma candidates

Applicants whose IB Diploma has not been issued by the application deadline are required to submit predicted grades. Request your IB Diploma programme coordinator to issue predicted IB grades by using the designated form (International Baccalaureate Predicted Grades Report Form). The documents must be submitted by the school via the [application documents upload website](#). If this is not possible, submission by the school directly to Sophia University via post/email is exceptionally accepted.

IB Diploma candidates must also make prior arrangements through their IB Diploma programme coordinator for an electronic "Transcript of Results" to be sent to Sophia University from IBO. For further information on how to request IBO to send a transcript to Sophia University, please refer to the IBO website.

Note:

- Even though an applicant may have been accepted to Sophia University on the basis of his/her IB predicted grades, if he/she is not able to obtain a full IB diploma or does not submit the IB diploma results by the designated deadline, the applicant's acceptance will be cancelled.
- An applicant's acceptance is conditional when he or she is accepted to Sophia University on the basis of predicted IB grades. The applicant's acceptance will therefore be cancelled if his/her final IB grades are lower than the minimum standard set for each applicant.

Applicants for Autumn first period

Applicants who apply with IB November, 2025 session should request the "Transcript of Results" to be sent to Sophia University from the IBO **by Friday, January 9, 2026**. The applicants will be screened with their final results and the acceptance will not be conditional.

In case applicants request for the Remark (EUR), make sure to inform the Admissions Office immediately.

5) Examination for Japanese University Admission for International Students Scores

Applicants who have taken EJU in 2024 and 2025 can apply with the test results of total three subjects.

Subjects have to include: Mathematics Course 2 and 2 subjects from Science (Physics, Chemistry and Biology)

To apply using EJU, the applicants are required to submit a photocopy of the EJU admission ticket via the [application documents upload website](#). Sophia will inquire the results to the testing institution directly.

- Note:
- The examination language of EJU can be either English or Japanese.
 - The November 2025 EJU scores cannot be used for the first application period.

6) GCE Advanced Level

Sophia University requires GCE A-levels in three subjects including Mathematics **and** one of the Science subjects (Physics, Chemistry or Biology). Applicants using Singapore GCE A Level results must submit at least three H2 subjects, including Mathematics **and** one of the Science subjects (Physics, Chemistry or Biology).

GCE A-level holders

An official results certificate must be sent directly to Sophia University **from the exam board**. The certificate must reach the Admissions Office by the application material submission deadline (electronic certificates are accepted). For further information on how to request the testing institution to send a certificate to Sophia University, please refer to the website of each institution. Alternatively, the applicant's high school may submit an official results certificate via the [application documents upload website](#).

GCE A-level candidates

Applicants whose final results have not been issued by the application deadline are required to submit predicted grades. Request the school to issue GCE A-level predicted grades by using the designated form (GCE A-level Predicted Grades Report Form). The documents must be submitted by the school via the [application documents upload website](#). If this is not possible, submission by the school directly to Sophia University via post/email is exceptionally accepted.

Note:

- Students who have not received their final A-Level results at the time of application will be granted a conditional acceptance from Sophia University. The conditional offer will be based on students' predicted grades and, if available, their AS-Level grades. Students will only be admitted to Sophia University if they achieve the grades outlined in the conditional offer at A-Level. Students will be advised of the grades they must achieve to be admitted to Sophia at the time of receiving a conditional acceptance, e.g. two A-Levels at grade B or above.
- The applicant must submit the official results certificate by the designated deadline, or the applicant's acceptance will be cancelled.

G. Proof of English Proficiency (TOEFL® Test Date Score or IELTS Score)

Applicants must prove their English proficiency by taking the TOEFL® iBT or the IELTS (Academic). The exam should be taken no more than two years before the time of application. **TOEFL® Home Edition and IELTS Online scores are NOT accepted.**

Scores must be submitted following the instructions below.

1. TOEFL: Applicants should request the official test score to be delivered directly to Sophia from the testing institution. When registering for the tests, be sure to indicate Sophia University and ensure that your official score is sent to Sophia University. For information about the TOEFL® and test registration, please refer to the following website.

TOEFL®: www.ets.org/toefl <code:0819>

2. IELTS: Applicants should request the official test score to be delivered directly to Sophia from the testing institution. When registering for the tests, be sure to indicate Sophia University and ensure that your official score is sent to Sophia University. For information about the IELTS and test registration, please refer to the following website.

IELTS: www.ielts.org <digital results certificate only>

In addition to the direct submission of the test scores by the test institution, the applicant must also submit a copy/screenshot of their results certificate via the [application documents upload website](#).

Waiver condition for score submission:

TOEFL® or IELTS can be waived if a student has studied at least five years out of the last six years in an institution where English is the primary medium of instruction. The Admissions Office will confirm the fulfillment of this condition by checking the submitted transcripts and the applicant's educational background.

Note:

- For TOEFL®, please enter the Test Date Score during the online application. MyBest™ scores are not acceptable.
- TOEFL ITP®, TOEFL® Essentials™, IELTS Indicator scores are not acceptable.
- Scores including IELTS One Skill Retake are acceptable.

H. Photocopy of Passport (for those who hold nationality other than Japan)

This document is to check your full name. The document must be submitted by the applicant via the [application documents upload website](#).

- If you have dual nationalities, please submit a photocopy of passport for the nationality other than Japan.
- If you do not have a passport, please submit a photocopy of your ID.

I. Application Materials Checklist (use the form provided in the admissions office)

Check the items submitted as the application documents. The document must be submitted by the applicant via the [application documents upload website](#).

Admissions page: https://adm.sophia.ac.jp/eng/admissions/ug_p/en_ug/fst/w_h/

For applicants who intend to reapply to Sophia University:

An applicant who has not been accepted in a previous application may reapply for the subsequent application periods, for the same or different programs. These applicants may reuse documents C to H in their new application and must specify such documents in the Application Documents Checklist. Documents A, B and I **cannot** be reused and must be submitted again.

Medical attention

While medical certification is not required at this time, any applicant with physical conditions that might require special attention when undertaking university work should notify the Sophia Admissions Office in writing before the application period.

8. SCREENING

Decision on acceptance or rejection will be made based on screening of documents submitted by the applicant.

9. NOTICE OF RESULTS

Applicants can confirm their acceptance/rejection from “Admissions Decision” on “MyPage” through the link

<https://www.guide.52school.com/guidance/net-sophia-parallel/eng>

from 10:00 a.m. (JST) on the results announcement date (see **APPLICATION SCHEDULE**).

Note: •Servers may be slow if too many people access at the same time.

- The email address registered and password will be required to log into “MyPage.”
- No physical materials will be sent to applicants from the Sophia Admissions Office. A letter of acceptance can be printed out from “MyPage.”
- Sophia University will not disclose the results of an application by telephone, fax or e-mail.
- Acceptance is valid only for the semester specified in the letter of acceptance.

10. ENTRANCE PROCEDURES FOR SUCCESSFUL APPLICANTS

For details, please refer to the booklet of “Entrance Procedures” available on “MyPage” through the link

<https://www.guide.52school.com/guidance/net-sophia-parallel/eng>

A. Payment of Fees Due Prior to University Entrance and Submission of Necessary Documents

To secure admission, a newly admitted student must pay the fees prior to University entrance and submit the necessary documents to the Sophia Admissions Office by the matriculation deadline (see **APPLICATION SCHEDULE**).

1. Click “Entrance Procedures” on “MyPage” to download the “Entrance Procedures” booklet.

Please read through all the information and follow the instructions in this booklet to secure admission.

2. Choose the program to start entering the required information and upload a face photo online.
3. Print out the designated document (Student Record/Pledge).
4. Complete the payment of the fees and post mail the required documents by the matriculation deadline.

The fees due prior to university entrance include some items paid only once at the time of matriculation, and other items which are the first installment of fees due each semester or year. The exact amount of the fees will be decided in September 2025 and notified to accepted students. For your reference, the fees due prior to University entrance in the academic year 2025 are as follows:

The fees due prior to University entrance 2025

Entrance Fee	200,000 yen (once at matriculation)
Semester Enrollment Fee	30,000 yen (per semester)
Tuition Fee	617,000 yen (per semester)
Education Enhancement Fee	170,000 yen (per semester)
Laboratory Fee	41,000 yen (per semester)
Premium for Personal Accident Insurance for Students Pursuing Education and Research	2,650 yen (Once at matriculation for first-year students: 4-year period) 1,400 yen (Once at matriculation for transfer students: 2-year period)
Total fees for first-year students	1,060,650 yen
Total fees for transfer students	1,059,400 yen

Notes:

- a. Students are kindly requested to pay the alumni association fee (40,000 yen) in the final year.
- b. The fees due prior to University entrance are not refundable. However, if a student notifies Sophia University of his/her intention not to attend by the appointed deadline, these fees, with the exception of the Entrance Fee and a handling charge, may be refunded. For details, please refer to the guide for “Entrance Procedures.”

<Notes for each item>

Items	Notes
Entrance Fee	<ul style="list-style-type: none"> • Entrance Fee is the price to guarantee a place in admission.
Semester Enrollment Fee	<ul style="list-style-type: none"> • Semester Enrollment Fee is the basic cost of enrollment (enrollment guarantee fee and enrollment management fee). • In the case of authorized interruption of study, only the enrollment fee needs to be paid. • The following services are available while you are on an authorized absence of study. <ul style="list-style-type: none"> - University services (medical checkup, Health and Wellbeing Center, Counseling Services, certificate issuance, etc.) - ICT services (email, portal sites for students, etc.) - Facilities (library, PC rooms, etc.)
Tuition Fee	<ul style="list-style-type: none"> • Tuition Fee is the price paid for the educational services required to obtain a degree. • Tuition Fee is revised annually based on the rate of inflation.
Education Enhancement Fee	<ul style="list-style-type: none"> • Education Enhancement Fee is expenses for the maintenance and management of the education and research environment, as well as for maintenance enhancement for the future.
Laboratory Fee	<ul style="list-style-type: none"> • Laboratory Fee comprises expenses for experiments and practical training in educational and research activities. • Laboratory Fee is revised annually based on the rate of inflation.
Premium for Personal Accident Insurance for Students Pursuing Education and Research	<ul style="list-style-type: none"> • "Premium for Personal Accident Insurance for Students Pursuing Education and Research" is a measure of compensation and relief for bodily injury caused by a sudden and unexpected external accident that may occur during educational and research activities in Japan or abroad. All Sophia students are required to join the insurance upon enrollment. Accidents during education and research activities are those that occur during regular classes (physical education, etc.), University events (Orientation Day, etc.), extracurricular activities (of which the university should be notified in advance), while commuting to and from university, or while in university facilities. • The insurance period is four years for first year students, and two years for transfer students. • If a student is enrolled beyond the standard insurance period, additional fee of ¥800/year will be charged.

11. INTERNATIONAL STUDENTS COMING TO JAPAN

Students coming from abroad to study at Sophia University must have a college student status of residence or any other appropriate status of residence such as a diplomatic, official, or dependent. A temporary visitor status is not acceptable. To qualify for a college student status of residence, a student is required to register for at least 10 hours of class time (equals to 6 classes) per week. Additional information concerning college student status of residence will be sent to each student after acceptance.

IV. ACADEMIC INFORMATION

1. TRANSFER OF CREDITS AND RESIDENCY TIME

Students who have studied at other universities before entering Sophia University may be eligible to transfer credits and residency time with an approval from the department/university. There are two categories for transferring credits and residency.

A. Transfer of Credits and Residency Time for Students Admitted as Transfer Students:

As a general rule, a transfer student must have completed at least two years of university/college work as a regular student at another institution before entering Sophia. A transfer student may transfer a two-year period of time in residence at his/her previous university/college. The number of credits to be transferred should not exceed half of the required number of credits for graduation. Application for transfer of credits should be made within three months of entering Sophia University. The syllabus of each subject must be attached with the application.

B. Transfer of Credits Earned before Entering as a First-year student:

Students who have earned credits at another university before entering as a first-year student may transfer up to 30 credits. Students using this system may transfer credits, but not residency time. Application for transfer of credits should be made within three months of entering Sophia University. The syllabus of each subject must be attached with the application.

2. EARLY GRADUATION (not applicable for transfer students)

The Faculty has an early graduation system in place for students who wish to enroll in a master's program offered by the university as their first priority and thereafter enroll in a doctoral program of the university. Early graduation refers to graduation for students who have spent three years or more at the university (excluding periods of leave of absence from the university) and fulfilled the prescribed procedures, and will graduate upon completion of their 3rd year (six semesters) or half of their 4th year (seven semesters). For the details of qualifications, please refer to the bulletin available on Sophia official website.

V. SCHOLARSHIPS

Various types of scholarships and financial aid are available. There are some scholarships that the applicants can apply for at the time of admission application. Other scholarship applications must be submitted after entrance to Sophia University. For more information and the application forms, please refer to the following website.

<https://piloti.sophia.ac.jp/eng/scholarships1/>

VI. HOUSING

Sophia University has several off-campus dormitories and offers affiliated housing options. For more information, please refer to the following website.

<https://piloti.sophia.ac.jp/eng/housing/>

VII. OTHER INFORMATION

1. NATIONAL HEALTH INSURANCE

International students who will stay in Japan for more than three months are required to join this insurance system. The procedures are carried out at the local ward/city office. The premium must be paid, but by declaring you have no income, it will be reduced. Please ask directly about the details at the local ward/city office.

Subscribers to the National Health Insurance system have only to bear 30% of medical expenses for any treatment covered by the insurance at clinics or hospitals (expenses for medical treatment not covered by the insurance must be paid in full).

2. PERSONAL ACCIDENT INSURANCE FOR STUDENTS PURSUING EDUCATION AND RESEARCH

All degree students must be affiliated with this insurance plan. This will cover physical injuries a student suffers during educational and research activities at the university (during the regular curriculum, school events, extracurricular activities reported to the university, and while the insured is within the school facilities for reasons other than the above-mentioned) and during commuting to school.

3. REFUND OF THE APPLICATION FEE

If you meet any of the conditions listed under "1. Reasons for Refund of Application Fee" and submit the request for refund of application fee within the specified period, the application fee will be refunded to your designated account (the online payment handling fee of 1,100 yen is not refundable).

Refund requests made after the request for refund of application fee submission deadline will NOT be accepted. Please note that it may take about 1 to 2 months for the refund to be processed after the request is received.

1. Reasons for Refund of Application Fee

(1) The application fee was paid, but the application documents were not submitted to the Admissions Office via the [application documents upload website](#).

(2) The application fee was paid and the application documents were submitted, but the application was not accepted due to lack of eligibility to apply. (In this case, the Admissions Office will notify applicants via email.)

※Cancellation of the application due to personal reasons after submitting the application documents is not allowed.

2. **How to Obtain the Refund of Application Fee**

Required Documents:

(1) Refund of Application Fee (Word file)

Download link: [Click Here](#)

(2) Notification Sheet for Remittance (overseas account) (PDF file) (Only required if you wish to receive the refund using an overseas account)

Download link: [Click Here](#)

You can fill out the "Refund of Application Fee (Word file)" digitally or print the document, fill in the required information by hand and scan the completed document.

Please fill out the "Notification Sheet for Remittance (overseas account) (PDF file)" digitally, in PDF format only. **Do not convert it to other formats.**

If you cannot download the forms, please request them via the following email address: admission-u-co@sophia.ac.jp

3. **Request for Refund of Application Fee Submission Deadline**

Application Period	Request Deadline
September Entry (1st application)	December 22, 2025
September Entry (2nd application)	April 30, 2026

Please note that refunds will not be processed if the request is submitted after the deadlines above.

4. **How to Submit the Request for Refund of Application Fee**

Enter all required information in the "Refund of Application Fee" (and in the "Notification Sheet for Remittance (overseas account)" file, if necessary) and send it as an attachment to the following email address. **Only submissions via email are accepted.**

Email Address: admission-u-co@sophia.ac.jp

Subject: Request for Refund of Application Fee

Message:

1. Applicant's Name
2. Faculty, Department and Application Period
3. Receipt Number(s)

You will receive a reply within 5 business days after the email is received. If you do not receive a confirmation from the Admissions Office within 5 business days, please contact us again.